

NUMERO UNO

Monthly Newsletter of Rotary Club of Thane Angels



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Message from RI President

Dear fellow Rotary Readers:

Recently, I spent time in the **Nakivale refugee settlement in Uganda**. As the "settlement" in its name suggests, the people living there are free to move around and integrate as best they can — one thing that makes the place unique.

I had a chance to play soccer with boys and girls from about a dozen nations and talk with women who had fled areas of conflict. It was a tapestry of human experience shared through both laughter and tears.

As I walked across a school campus at the settlement with a teacher, she shared with me the dire statistics on girls' education. Most don't get through grade school. Many are sold into child marriage to pay for food for their families. As I looked around at these young girls, I was gutted.

Our work with empowering girls and women is much more than creating equity — sometimes, it's about health or education. Other times it's about providing safety. Regardless of the path, it's always about **basic human rights**.

We can do more to **empower girls and women**, and we can expand how we share the progress Rotary members and our partners have made toward this goal.

There is no shortage of inspiring examples of our work, from interest-free microcredit loans for women in Nigeria, to **projects in India that provide girls menstrual hygiene products**. Hundreds of projects are taking place across all Rotary areas of focus and are making a meaningful and often lifesaving difference. Together, we can address the needs and inequities that girls throughout the world face daily. But we must also monitor the impact of these projects and create awareness of Rotary resources and subject matter experts, including Rotary Action Groups, The Rotary Foundation Cadre of Technical Advisers, Rotary Peace Fellows, and others.

It is especially **important that we tell the stories of our initiatives** that have a positive impact on the lives of women and girls. This last point is near and dear to my heart. This means sharing our stories on social media, through local news outlets, in this magazine, and wherever we can inspire others.

As you do so, it's important to provide information that helps our Rotary family connect with others who are implementing activities in their regions, as well as across the world. Let's share our successes and learn from one another — then proudly tell our stories to a larger audience.

These are exciting times in Rotary, and the world is taking notice. As we work to empower women and girls to step into their full potential, we create new pathways for membership growth and greater collaboration with partners to create positive, lasting change. Thank you for your continued action in this vital effort.

Jennier Jones

President, Rotary International 2022-23



FAB Discon @ Westin Mumbai



Discon: Event



Rotary District 3142 | IMAGINE ROTARY

FAB DISCON 23
RID 3142 | 4th-5th FEB

WATCH US GO

THE PRESIDENTIAL FLAG MARCH



Indo- American Singer,
Flautist & Composer

RASIKA SHEKAR

SAVE SOIL | **RADHE JAGGI**

ACTION NOW savesoil.org

SAVE SOIL

Let Us Make It Happen

When gregarious radio professional **SharmaG** goes onstage, he will create waves of **entertainment** that you cannot afford to miss.

Listen to him only at **FAB DISCON!**

UJWAL NIKAM

Be there at the FAB DISCON to listen to the fire-brand Public Prosecutor **Ujwal Nikam** when he mesmerises the audience with his oratory skills.

Discon Event:

Rotary
District 3142

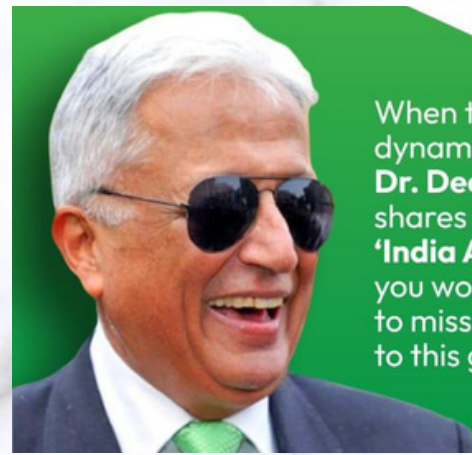


IMAGINE
ROTARY

FAB DISCON 23
RID 3142 | 4th - 5th FEB




Listen to the film script writer **Bhavani Iyer**, weaving beautiful tales like her hit movies **Raazi**, **Guzaarish**, **Lootera** and many more, only at FAB DISCON.



When the dynamic diplomat **Dr. Deepak Vohra** shares his vision for **'India Ahead'**, you would not want to miss listening to this great orator.

Sadhana Yogalakshmi
naad yogini turning music into life force

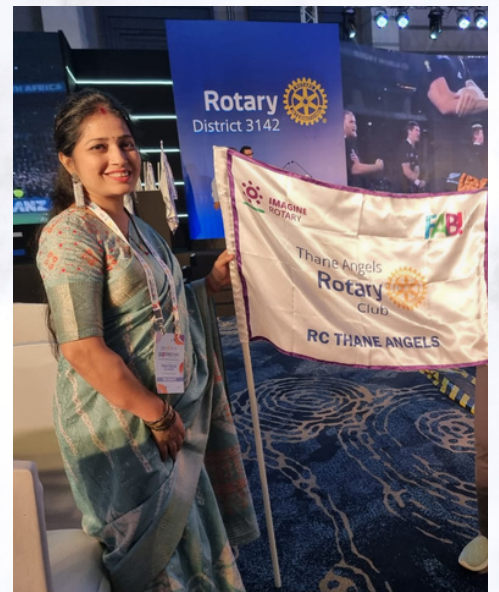


Meet **Ramesh Sippy**, the creator of blockbusters like **Sholay**, **Shaan**, **Shakti**, **Saagar** and **Seeta aur Geeta**, talk about his success formula... only at **FAB DISCON!!**



Bhikkhu Sanghasena | **Sudhanshu Trivedi** | **Ujjwal Nikam** | **Charu Sharma**
Sujata Biswas | **Dr. Deepak Vohra** | **Deepa Malik**
Narpath Raman | **Dr. Jerryl Banait**

Discon: RC Thane Angel moments



Discon: RYE participation



Sponsorship for Discon arranged by us



BE THE MOMENT

Holi celebration



Celebrations & Individual Achievements:



Dr Shweta Nakhawa, Awarded as **Best dermatologist in Thane** by **National Indian medical association, Thane**

Dr Shweta Nakhawa, participation in **DERMACON, International conference**



Abbott

HAIR RAISER

An Initiative by Abbott Dermatology

Decoding Hair Loss Management: Minoxidil & Beyond

SPEAKERS



Dr Mrunal Shah Modi
MD, FCPS, DDV
Mumbai



Dr Shweta Nakhwa
MD, Dermatology
Mumbai

IND2206840 12 JAN 2023

Time Duration	Content	Presenter
20 Min	Hair loss management: novel formulations	Dr. Mrunal Shah Modi
20 Min	Nutritional interventions in AGA & TE	Dr. Shweta Nakhwa
20 Min	Open house, Q & A Summary and conclusion	Dr. Mrunal Shah Modi & Dr. Shweta Nakhwa

Dr Shweta Nakhawa, was invited as **Guest speaker** to conduct webinar for Dermatologists in Mumbai metropolitan region

The Rotary Service in Action:



- **Rotary Service in Action is a Rotary blog** to help our members and supporters plan effective and inspired service projects. We offer resources, best practices, success stories and lessons learned to keep you informed and introduce you to new ideas.
- As members of the Rotary family, we are 1.2 million neighbors, friends, and community leaders who come together to create positive, lasting changes in our communities and around the world. Our diverse occupations, cultures, and backgrounds give us a unique perspective. Our shared passion for service drives us to take on the world's most challenging problems.

A screenshot of the Rotary Service in Action blog homepage. The navigation bar at the top includes links for HOME, BLOG, SHARE YOUR STORY, TOPICS (with a dropdown arrow), and CONTACT US. The main heading is 'FEATURED STORIES'. There are three featured stories displayed. The first story is titled 'Empower leaders, strengthen communities, and grow Rotary' by Zuhai Sharp, dated August 17, 2022. The second story is 'Ethical dilemma discussion: What would you do?' dated July 27, 2022. The third story is 'In-person Rotary Youth Exchange is back!' by Logan Johnson, dated August 12, 2022. Each story includes a small video player thumbnail and a 'More' link.